



CORPORATE PARTNERSHIPS

WHAT WE DO

Her Nexx Chapter delivers transformational programs that foster connections, mentoring and nurturing through a virtual community setting platform. Our community provides women access to ongoing educational information on areas of interest. Self-development topics include Leadership, Career, Personal Finance, Entrepreneurship, Well-being, Parenting, and Self-Discovery.

ABOUT OUR VIRTUAL COMMUNITY

Our virtual digital courses reinforce actual behavior change and learning skills and enhance awareness with transparency. Our programs are designed to mesh with our purpose and mission of helping women connect, explore and transform. All programs are led by certified counselors, medical doctors, professional licensed consultants and life coaches.

OUR PROGRAM OVERVIEW

Our service platform is structured to support other women's organizations, internship and apprentice types of groups. The curriculum provides a unique step-by-step methodology designed specifically for the framework that helps women conquer obstacles, solve problems, and resolve conflicts, instilling wisdom and balance toward life skills. Her Nexx Chapter embraces the diversity of womanhood.



LIVE WORKSHOPS



PROGRAMS

- » Her Leadership Qualities
- » Her Career Enhancement
- » Her Personal Finance Management
- » Her Business Strategies
- » Her Well-Being
- » Her Parenting
- » Her Self-Discovery



Her Leadership Qualities

Become a better leader of one self and for others – family, team, organizations. Helping women transform key leadership competencies and removing limitations to prepare women to be more effective with others they lead.

This course deals with individual personality traits and styles of behavior that will impact the effectiveness of others through transformation:

- Transform perspective behaviors
- Provides preparation and awareness to help elevate women's actions
- Helping leadership connect with subordinates
- Learning how to transform courage, confidence and efficiency in better decision making
- Enhance teamwork to gain momentum of others
- Achieve excellence notable for lasting results

IMPACTFUL OUTCOMES

- Develop personal and professional strategy planning using accountability and actionable tools to manage oneself and others
- Add value to the achievement of goals and or deliverables resulting in end results that are extraordinary and impeccable
- Based on structure, system and schedule of accountability, achieve peak performance from direct reports.

Her Career Enhancement

Providing aspects of a clear career vision for women and an understanding of values. Her Nexx Chapter's workshops and self-paced online courses are designed for women to identify their role as well as examine the duties of a team, co-worker or colleague within the workplace market and professionally develop to be ready to pivot when the right opportunity comes.

Our virtual workshop will help women to overcome unexpected career dilemmas through preparation, as well as:

- Develop and exude confidence, new strengths, and self-awareness
- Identify competencies and knowledge to effectively market those accomplishments
- Identify who they are now and learn how to transfer current and new skill sets into achievable career sustainability
- Ability to establish credibility and self-assurance
- Address readiness for the role and re-entering the workforce
- Personal branding

IMPACTFUL OUTCOMES

- Clarify their values, interests, strengths and skills as they develop workforce-related skills that will make them more viable in a specific industry or business
- Understand and plan for future pursuits that will leverage them in the workforce by obtaining and/or providing access to professional credentialing, professional development, strategic interviewing and resume mastery
- Articulate transferable communication and work-related skills to market themselves effectively to prospective employers
- Cultivate a professional network, use relevant tools in the job search and engage in informational interviews
- Evaluate the environmental fit of a variety of work settings and roles that are more aligned with individual development





Her Personal Finance Management

Our virtual curriculum provides our participants the knowledge of financial literacy that empowers women to learn at their own pace and explore specific areas of interest, yet structured enough to motivate them to keep up and stay challenged.

- Understand how to map and make pathways to build personal equity
- Growth in practical knowledge of financial security
- Personal financial stability with development of self-sufficiency and sustainability
- Exploring potential increase of earnings
- Money awareness of available resources
- Budgeting and savings learning options to explore alternative resources to investments

IMPACTFUL OUTCOMES

- How to become efficient and organized financially
- How to personally understand and maximize total income to stay on track with budgeting

Her Business Strategies

There are many important factors for creating and sustaining a thriving business. This course will investigate the most critical factors and often overlooked key elements.

- What are the most important elements of any business plan?
- Which key metrics are indicators of the health of your business?
- How do you attract and maintain a predictable flow of clients and customers?
- What is your consumer message and branding voice?
- Are your processes hindering your growth?

IMPACTFUL OUTCOMES

- Understand how to take the rollercoaster ride out of your revenue
- Manage your day so that you are running your business and not the other way around
- Identify potential business alliances
- Learn how to create crisis-proof systems that scale
- Track your clients and customers signal (problems) so that you are broadcasting on their frequency (solutions)





Her Well-Being

- Self-Awareness - Learn to identify limiting beliefs and self-perception while understanding how to recognize your strengths and weaknesses as well as set boundaries
- Attain accomplishment through identifying shortcomings while planning corrective actions needed for life enhancement
- Self-Respect - While discovering self-worth and values as they align with your inner self and connect with truth and transition into new uncertain grounds
- Self-Nurturing - Connect with all eight aspects of life to include relationships, spirituality, health, career, financial, environment, friends and family, and personal growth

IMPACTFUL OUTCOMES

- Accomplished productive lifestyle through the circle of life and its challenges from prioritizing, communication and relationships
- Incorporate positive self-esteem and well-being
- Understand how to balance career, family, and friends and feel contentment in delegating with success
- Enhance a positive, mindful mindset by knowing how to limit distractions and gain self-control
- Acquire tools of patience, management, and peace that can help during challenging times

Her Parenting

Parenting is one of many important roles some women have. An important aspect of parenting that's often overlooked is women's focus on who they are beyond the role of mom. Whether you give birth, adopt or have a hand in helping to raise a child, our workshop helps mothers to be aware of their individual identity, examine and strengthen the role and duties as a parent.

- Self assessment as a person and a parent
- Awareness learning about parenting styles, temperaments, goals of behavior and how to parent at various developmental levels
- Explore holistic parenting concepts and parenting from diverse perspectives
- Implement and utilize positive parental practices and strategies
- Learn how to live a balanced life that aligns with purpose and goals within various roles, for self and child
- Exposure to resources to help improve parenting and to stay connected to themselves

IMPACTFUL OUTCOMES

- Increase focus on balance between the many roles and duties of parents' career and feel confident delegating and using available resources
- Enhance a positive parenting mindset
- Acquire tools to implement self-care to be your best and in turn the best parent you can be
- Obtain techniques to parent during challenging times





Her Self-Discovery

Generation Z's through Baby Boomers are seeking to connect with self and experience a freedom that many yearn for. Her Self-Discovery will give you a heightened perspective of your purpose, your life, and teach you how to live authentically and free. In this program, you will spend time connecting with self and become happy unapologetically.

- Learn who self is from another perspective – the bigger picture.
- Find who you are and discover your purpose
- Explore different ways of communicating with self, i.e., “self-talk”
- Identify what your needs are and how to have them fulfilled
- Use the skills and tools taught to manifest your best life
- Prepare to change your thought processes in order to receive without fear
- Assist in overhauling your life as you desire with confidence

IMPACTFUL OUTCOMES

- Being reacquainted with self
- Being able to ask and ask big
- Manifesting the things you desire
- Taking the limits off of self
- Knowing self as a source and a resource
- Implementing a life design plan
- Increased faith through using intuition
- Confidence in self
- Build self-esteem and self-awareness
- Trusting the inner self even when things look bleak
- Living a life of freedom unapologetically

ONLINE COURSES



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Unlimited Virtual Digital Program Access

Our virtual self-paced courses are 12 sessions that provide the tools to intensify the most important principles of a woman's life that matters. These self-development courses tap into subjects such as career, money, relationships, time and family along with health and all in an interactive online course. These educational programs are hosted on our interactive platform facilitated by life and business coaches, licensed therapists, medical professionals, counselors and more.

Courtesy of Handel Group Life Coaching

- » Mastering Time
- » Art of Honesty: How to Have Hard Conversations
- » Get Your Head Under New Management: YOURS
- » Design Your Life®, Design Your Own Career

Mastering Time

Women will learn to:

- Identify particular pitfalls
- Organize oneself and hold oneself accountable
- Plan brilliantly
- And most importantly, help women find ease in everyday activities, as well as your most heartfelt and cause-related endeavors.

Courtesy of Handel Group Life Coaching

Art of Honesty: How to Have Hard Conversations

Designed to help women be completely honest with the people in their lives. This program with online coaches will teach the participant how to identify and handle conflict in controversial situations.

Tough conversations take courage, grace, and wisdom. In this webinar, women will be taught how to identify the conversations they need to have in their life, whether at work or at home, and more importantly, show them how to craft those much-needed talks so that they'll both listen well and feel heard. Women can expect to finish this talk feeling like they can handle anything.

Courtesy of Handel Group Life Coaching



Get Your Head Under New Management: YOURS

One tends to overthink things. Women may be more worriers than warriors about things. Especially about things that matter deeply to them.

Welcome to the species (read: humans).

There's an illusion that nothing important is really going on in that dark nightclub of our minds, where all our thoughts, theories, and inner dialogues dance. But the truth is, we've all done such a lousy job as bouncer of that club, it's kind of amazing. Yes, women's minds have a mind of their own. And if left unchecked, all those voices, two in particular – their Chicken and Brat – can cause havoc.

ESPECIALLY in times like these.

A woman's Chicken is the voice of fear. It's not loud in the areas of her life where she is succeeding, but in any area where she just might fail, get sick, lose her job, money, etc., her chicken hatches a plan to keep her safe.

Her Brat, on the other hand, is the adult version of a tantruming 4-year old. It's stubborn, manipulative, and always running a scam. It's either trying to get what it wants or get her out of doing something...like working out, or stocking up, not just on Purell, BUT on her favorite vices (see: cheetos, weed, wine, wifi, etc.).

In this workshop, with a sense of humor, compassion, and, yes, EVEN fun, women will:

- Identify one's version of these two voices
- Learn the 8 basic brands of excuses they advocate
- Design clear, actionable steps to help one get out of their own way
- Be shown how to curate thoughts that are a match with desired dreams.

This online courses addresses career, family, and/or her body, it's time to get your mind under new management: YOURS.

Courtesy of Handel Group Life Coaching

Design Your Life®, Design Your Own Career

Women are ready to take on something really important – their careers! Without question, it takes something to have a vision and take the right actions to become the success they want to be, both personally and professionally, in normal times. Imagine NOW!

This coach has helped thousands of people articulate their vision for their careers in a way that inspires, busts their own excuses and negative theories, and gives them the tools they need to get into the right action to create the career of their dreams.

Women will join this no-holds barred, narrative-changing event and create the right action plan to not only design their next career move, but ensure its success. In this session, women will learn how to:

- Articulate one's career dream
- Uncover what they really want & design their career
- Bust one's own excuses
- Identify self-sabotaging inner dialogue.
- Create an action plan that is a match with one's new dream!

Courtesy of Handel Group Life Coaching